

# **Christina's Dance Parties**

## **Duration**

Parties are normally 2 hours long. Entertainment will be provided for 1 hour and 30 minutes, with an additional 30 minutes at the end of the party spent having lunch, (provided by the party organiser). Parties can be of a longer or shorter duration on request, depending on the age of the guests attending. Fees will be adjusted on the duration and numbers attending the party.

## **Venue**

You are required to book the venue of your choice. Your party can be anywhere as long as there is sufficient space to dance and the floor is suitable for the dance style. (The number of guests attending will also decide the size of venue). I am happy to travel to your venue (within a 15 mile radius), village halls or studios are the ideal place, but if you have a large living room with a smaller number of guests I can come straight to your home!

## **Legalities**

I have my own public liability insurance, PPL music licence and have been CRB checked. Any additional helpers will also have been CRB checked.

I have been teaching for over 7 years and have experience in teaching children and adults. I am qualified and registered as an ISTD dance teacher, with a certificate in first aid.

The dance party leader should be informed (if the organiser is aware) if any of the children/adults attending the party have any medical conditions, which could be aggravated or worsened by physical activity. Below is a form that needs to be filled in by all attending the party. If guests are under the age of 18, please ask parents/carers to fill in the form in case of emergency.

Neither the dance party leader nor helpers shall be held responsible for any injury, howsoever sustained, arising from a child participating in a dance party.

Any non-participants in attendance must ensure they do not provide a distraction, as this can cause injury and/or hinder the quality of the party.

## **What is included in your party?**

- A dance warm-up and warm-up games. These get everybody feeling comfortable in his or her surroundings and get to know people around them. More importantly to warm our bodies up so we are ready to learn the routines!
- 1-2 Tailor-made dance/dances, which can be a specific theme if requested subject to 2 weeks notice before the party.

Here are some ideas that may appeal to you:

**Styles:** Ballet, Tap, Street dance, Modern/jazz, Musical Theatre, Folk

**Themes:** Disney, High School Musical, Mama Mia, Pop Stars, X Factor, Magical Fairy Theme.

**Pop stars or groups:** Michael Jackson, Beyonce, Lady Gaga, JLS, Jessie J, The Saturdays. Black Eyed Peas

- Party games such as pass the parcel, musical statues, choreographic competitions, improvising games. Dances to popular party songs. These games are adapted according to the age of the guests attending.
- A cool down to help our bodies go back to our resting rate, and to prevent aches and pains after all of our hard work!
- At the end of the party each guest will be given a certificate for attending and participating in the dance party. The 'Birthday boy/girl' will be given a dance trophy also.
- We may have 1 or 2 quick drink breaks in-between.

## **What do you have to provide?**

You will need to organize the venue of the party and invitations.

Party food, drinks and birthday cake. Please make sure that adequate drink is available to all the children during the party.

2x small prizes for the party games, plus some sweets for runners up.

A parcel (for pass the parcel)

Medical forms of all participating in the dance party.

If you have any questions please don't hesitate to contact me.

Email: <mailto:info@dancededicationuk.com>

Telephone: 07796 646569

# Instruction to provide a Dance Party

Date of party..... Time of party.....

Name of party organizer: .....

Address of venue .....

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Tel No .....

(Please give a number on which we can contact you on the day of the party)

Email Address.....

Name of Birthday child.....

Age on Birthday .....

Type of Party required (style, theme, popstar/groups):

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Average age of participants.....

Number of participants.....

Special requirements: .....

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I have read and understood the above attached herewith, and agree to pay Christina Hadjisavvas the sum of ..... with full payment 1 week prior to the party.

Signature .....

Date .....

Please note a £30 non-refundable deposit is required when booking this party.

Payable by cheque or cash. Please make cheques payable to Christina Hadjisavvas.

## Cancellation Terms

In writing 14 days before the party date to avoid full payment being requested.

## Important Information

It is vital that the relevant medical form is completed prior to any dance party as without these forms the party cannot legally commence. Medical forms are applicable to everyone up to the age of 18. Please print out copies of the form below and ensure everyone attending the party fills it in and brings it to the party.

## Medical form

Childs name.....

Does your child have any medical conditions?    Yes / No

If so, please provide information of this below, including any relevant medications.

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Contact information of parent/ carer:

Name .....

Telephone:

Home .....

Mobile .....

## Names of children attending the party

Once you know who is attending the party, please can you provide their full names so I can put them on the certificates.

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